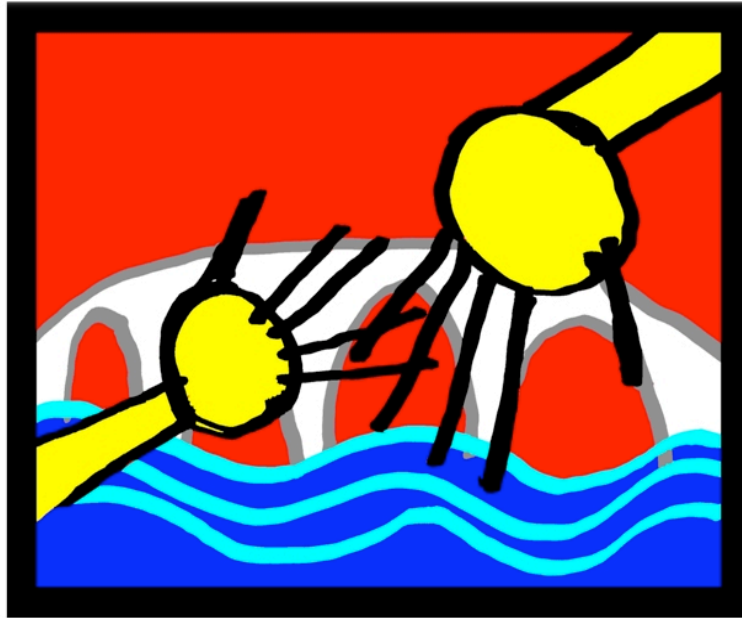


*The Prince Edward Island Federation of Foster Families
is
pleased to host the*



**Prince Edward Island
Federation of Foster Families**

Canadian Foster Family Association's

31ST National Annual Conference

"BUILDING BRIDGES"

May 9th - May 15TH, 2011

Charlottetown, PEI

Conference Schedule and Events

Monday

8:30 a.m. - 4 p.m. Registration
 9 a.m - 12 p.m. Executive Meeting
 10:30 a.m. Nutrition Break
 12 p.m - 1 p.m. Lunch
 1 p.m. - 4 p.m. Executive Meeting Continued

Tuesday

8:30 a.m. - 4 p.m. Registration
 9 a.m - 12 p.m. Board of Directors Meeting
 9 a.m - 12 p.m. Executive Directors Meeting
 10:30 a.m. Nutrition Break
 12 p.m - 1 p.m. Lunch
 1 p.m - 4 p.m. Board Meeting Continued
 1 p.m - 4 p.m. Executive Directors Meeting Continued
 7 p.m. Provincial President's Social/Meeting
 7 p.m. Executive Directors Social

Wednesday

8:30 a.m - 4 p.m. Silent Auction
 8:30 a.m - 4 p.m. Registration
 9 a.m - 9:30 a.m. National Conference Official Opening
 9 a.m - 12 p.m. National Working Group
 10:30 a.m. Nutrition Break
 12 p.m - 1 p.m. Lunch (provided)
 1 p.m - 5 p.m. National Working Group (Continued)

Thursday

8:30 a.m - 4 p.m. Silent Auction
 8:30 a.m - 4 p.m. CFFA AGM Registration
 9 a.m - 12 p.m. CFFA AGM
 10:30 a.m. Nutrition Break
 12:00 p.m. Free Time
 7 p.m - 9 p.m. Meet & Greet
 7 p.m. - 11 p.m. Newfoundland Hospitality Room

Friday

8:30 a.m - 4 p.m. Silent Auction
 8:30 a.m - 4 p.m. Registration
 9 a.m - 9:30 a.m. Symposium Opening
 9:30 a.m - 12 p.m. Keynote Speaker:
 Dr. Tim Feeney
 12 p.m - 1 p.m. Lunch (provided)
 1 p.m - 4 p.m. Workshops
 7 p.m - 9 p.m. Kitchen Party (Pre Registration required)

Saturday

8:30 a.m - 4 p.m. Registration
 9 a.m - 12 p.m. Workshops
 12 p.m - 1 p.m. Lunch (provided)
 1 p.m - 4 p.m. Workshops
 6 p.m - 6:30 p.m. Cocktail Hour/Cash Bar
 6:30 p.m - 9:30 p.m. Banquet, Closing Ceremonies & Entertainment

Sunday

8:30 a.m. Breakfast Buffet

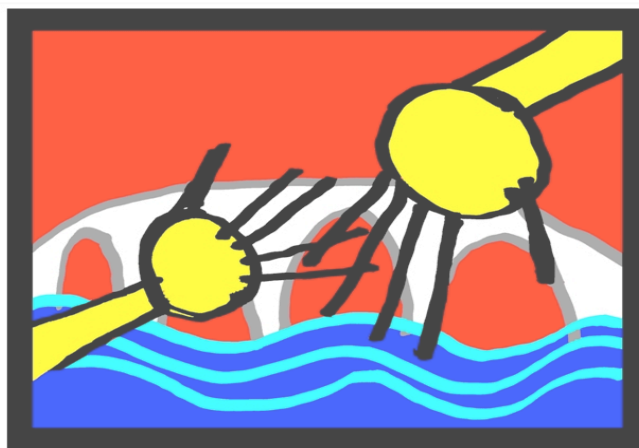
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Announcements

- Name Tags are important! Please make sure throughout the symposium you wear them to allow hotel staff, conference organizers and fellow delegates to identify you.
- Will be finished in the evenings by 9:00 to allow you time to enjoy Downtown Charlottetown's nightlife!
- Meet & Greet Thursday Evening
- Saturday night closing Ceremonies will begin with a cash bar open at 6:00 p.m and banquet beginning at 6:30 p.m. Don't miss the hypnotist beginning at 7:30 p.m!
- PEI is known for its seafood, so don't miss the Friday night Kitchen Party! Succulent lobster, mussels with all the fixings! It's a taste of PEI not to be missed. Music provided by local fiddler Courtney Hogan.
- Free time! Make use of your time on PEI. On Thursday, May 12th there will be free time between 12 p.m and 7 p.m! Feel free to ask any of the locals for help!
- Don't forget to place your bid in the Silent Auction on wonderful items donated from local shops and businesses!

Workshops

Workshops	
Friday, May 13, 2011 9:00 a.m - 12:00 p.m	Tim Feeney - Keynote Address "Helping Me Without Making Me Helpless"
Friday, May 13, 2011 1:00 p.m - 4:00 p.m	Peter Mutch - "Benefits of Music Therapy with Children"
	Dr. Kathy Bigsby ; "Addicted Babies" & Dr. Arvind Singh ; "Behavioural problems in Children"
Saturday, May 14, 2011 9:00 a.m - 12:00 p.m	Ed Ratelle - "Understanding and Managing Anger in Youth"
	Tim Feeney - "Understanding Individuals with Fetal Alcohol Spectrum"
Saturday, May 14, 2011 1:00 p.m - 4:00 p.m	Natural Children Workshop
	Peter Mutch - "Benefits of Music Therapy with Children"



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Tim Feeney - Information to come

Peter Mutch - Music therapy is the combination of the music itself and the relationship formed between the therapist and the client through the music that work together to bring about a positive change. Music Therapy is concerned with the process of music making rather than the product. Individuals may be of any level of musical ability, of any age, at any level of physical and/or cognitive function. Peter will discuss the power of music and how music therapy process benefits people of all ages with emphases placed on work with children.

Dr. Kathy Bigsby - Behavioural issues in the first months of life.

Dr. Arvind Singh - "Behavioural interventions for Kids -- Patience and Preservation" Understanding the behaviour of a child and seeking appropriate interventions. Utilizing resources adequately enhancing children's skills effectively.

Ed Ratelle - Have you ever wondered why someone will overreact to something that seemed so trivial and unthreatening? Why do some people tend to find certain things annoying or upsetting while many may not be as intensely affected? Often anger seems so irrational and unwarranted. This workshop will explore these issues, their origins, and the violent responses children develop to help them cope with some of life's perceived trials, threats and difficulties. Participants will be exposed to strategies for managing anger and diffusing rage, both in youth as well as their own unhealthy anger responses. The workshop will also examine anger and the body/mind connection and some exciting new areas of intervention.

Natural Children's Workshop - Presentation and roundtable discussion format. Discussing the impact of growing up and being raised in a foster care environment.

Presenters

Dr. Tim Feeney

Tim Feeney is the Executive Director of School and Community Supports, Inc. He has assisted numerous school districts and state offices in the development of system-wide changes in order to provide sustainable, high quality, and cost-effective special education and rehabilitation services. For the past 10 years he has also been the Project Director of the New York Neurobehavioral Resource Project, a New York State Department of Health grant-funded program developed to support individuals with brain injury and significant behavioral challenges to live successfully in their home communities.

Over the course of the past 20+ years, Tim has worked in a variety of capacities in human services including: special education teacher, program director of a state program for individuals with autism, coordinator of educational services, coordinator of behavioral services, staff psychologist, consulting behavior specialist, and an Assistant Professor of Special Education. In addition to his experiences working with people with brain injury, Tim has extensive experience developing services for individuals with Fetal Alcohol related disorders and individuals on the autism spectrum, this includes work with school districts that support students with autism, Asperger's Syndrome, and pervasive developmental disorders. He has been responsible for the procurement and coordination of over \$10,000,000 in grant-funded programs serving individuals with developmental disabilities and challenging behaviors, autism, and persons with brain injury and challenging behaviors.

Tim has authored over 50 scholarly journal articles and book chapters, is co-author of the book Collaborative Brain Injury Intervention: Positive Everyday Routines, and travels the world over speaking to audiences about collaborative supports for individuals with brain injury, autism and related disorders, and individuals with challenging behaviors.

Peter Mutch

After completing his degree in music therapy at Acadia University Peter stayed in the Wolfville area to do his music therapy internship working with children, adults, and seniors with various physical, mental, and emotional needs. Peter moved back to PEI immediately after his internship was finished and opened a private practice. His work now is with children with special needs (e.g., intellectual disabilities, at risk youth, and mental health challenges), adults (e.g., intellectual disabilities and mental health challenges), and seniors (e.g., dementia and stroke survivors). He also works in the provincial cancer treatment centre with patients and their families who are

dealing with cancer and with the provincial palliative care program with families dealing with a terminal illness.

Ed Ratelle

Edmond R. Ratelle, RSW, CH, is a skilled therapist and hypnotist. He is sensitive and compassionate, yet he has also been described as street-wise. Ed has an extensive and successful history of working with people to heal life's hurts. A social worker by training, he is a graduate of the Social Work program at Ryerson University in Toronto, Ontario, and is registered for professional practice in his home province of PEI with the PEI Social Work Registration Board and is a member of the PEI Association of Social Workers as well.

Ed holds a second degree in Religious Studies from St. Thomas University in Fredericton, New Brunswick. He is a former chaplain in the Canadian Armed Forces. His military experience led him to take part in United Nation's peacekeeping missions, including coordinating humanitarian assistance in theatre. He has served with various military units, including infantry and artillery. Throughout his military service he was called upon to exercise his counseling skills with both military members and families, and to advise military commanders on matters concerning the well-being of all military personnel. He retired from the military with the rank of Major, his last position being that of Chaplain at the prestigious Royal Military College of Canada in Kingston, Ontario.

His work with people spans a period of over 30 years, and he has had a broad exposure to the human condition. As part of his long-standing practice as a social worker, Ed increasingly applied hypnotherapy and found he became progressively impressed by the benefits gained. Today, as a Certified Hypnotherapist and Member of the National Guild of Hypnotists, he has a busy hypnotherapy practice. His work also includes seminars and workshops, his most popular, "Stop Smoking with Hypnosis". Participants enjoy a relaxed, safe and respectful hypnosis experience, empowering them to let go of their smoking addiction painlessly, and without irritability or weight gain.

Finally, Ed is also a NeuroLinguistic practitioner certified by the [National Federation of NeuroLinguistic Psychology](#).

Dr. Kathy Bigsby

Professional Experience:

1983-1985 General Practice, Watrous Union Hospital, Watrous, SK

1983, 1986 Locums in Loon Lake, Saskatchewan & Saskatoon

1991-1995 General Pediatric Practice & Assistant Professor of Pediatrics, University of Saskatchewan, Royal University Hospital, Saskatoon; Director of

Pediatric Clerkship program 1991-1993; Director of Children's Cystic Fibrosis Clinic 1994-1995

1995-Present Pediatric Clinic, Queen Elizabeth Hospital, PEI;

Department Head 1998-1999, 2007-2010

1996-Present Lecturer in Pediatrics, Dalhousie University

2002-2003 Locum in Gisborne, New Zealand

Pediatric Advanced Life Support Instructor

Participation in Other Organizations and Committees

2006-present Member, Board of Directors, CHANCES Family Resource Centre, PEI

1995-2000 Ethics Committee Member, Queen Elizabeth Hospital; Chair 1997-2000

2000-2006 Research Ethics Committee, IResearch; Chair 2000-2002

2000-present Queens Region/PHSA/PEI Research Ethics Committee; Chair 2000-2002, 2009-2010

Dr. Arvind Singh, MD, ABPN (Diplomat), FRCPC

Child and Addiction Psychiatrist. Adult Psychiatrist. Chief of Psychiatry. Prince County Hospital, Summerside, PE.

Medical School - Mumbai (Bombay), India

Psychiatry training at University of Texas - South Western Medical Center, specializing in child adolescent behavioral issues and Addiction related treatments. Working at Prince County Hospital for the last 5 years.

Things To Do

COWS Ice Cream:

COWS ice cream is the sweet signature taste of PEI. In 1983, COWS began to make ice cream; in 1985 COWS incorporated COW themed merchandise to their franchise. With Flavors such as “Mooney Gooney” and “Wowie Cowie.” Made with your choice or regular, or fresh handmade waffle cones, you will be herding back for ‘moo’re.

Founder’s Hall

Canada’s Birthplace pavilion. Become familiar with the City. Follow your visit through Canada’s birthplace, consider joining a historic walking tour with a costumed Father or Lady of Confederation. Open 9am - 4pm daily.

Anne of Green Gables:

Set on the North Shore of PEI, in beautiful Cavendish, approximately 40 minutes from the Delta. Visit the Site that inspired Lucy Maud Montgomery to write of the beloved Red haired Anne Shirley. Take a walk on the “Haunted Trail” and through “Balsam Hollow” as described in the novels.

PEI National Park Beaches

Whether you want to see the white sand beaches on PEI’s North Shore, or experience PEI’s Red sand, on the Island’s South Shore, you are only minutes away from your choice of beaches.

Great Eats

Downtown Charlottetown offers an array of great places to eat, many of which are native to PEI. Sims Steakhouse, Gahan House Brewery, Lot 30, Pat & Willy’s Cantina are just a few options within walking distance.

Golf PEI

PEI has been named Canada’s Number 1 Golf Destination. In 2009, PEI golf history was made as being the first Canadian destination to host the Golf Channel’s Big Break reality series. Question is, which course will you play?

