



Hilites

Spring 2013

CONFERENCE EDITION

“United in Caring”

President's Message

We are pleased to announce this year we are co-hosting the Canadian Foster Family Association conference immediately preceding ours in June. The conference committee strives to provide superior training each year but this year we are confident in stating the training being offered is above average and will be of interest to workers, trainers, foster parent trainers and foster parents. Our keynote speaker is Dr. Corey Keyes Associate Professor of Sociology from Emory University in Atlanta Georgia. Dr. Keyes will be speaking on positive mental health for our children in care.

We believe that this year's conference theme “United in Caring” is representative of FPSO's goals and objectives. We have much to celebrate this year as it is also your provincial association FPAO/FPSO's 40th birthday. FPSO has effectively represented the interests of foster parents in the province of Ontario over the past 40 years and will continue to do so. There have been a number of changes in the child welfare system of late and the FPSO Board of Directors feel that everyone needs to know where we stand and what we stand for.

The FPSO Board of Directors would like to stress that ultimately all of our voices as foster parents coming together in unity through our provincial association is what gives each of us individually and all of us collectively the strength to lobby and advocate provincially and nationally to raise the standards of the child welfare system. This will ultimately: “Achieve what each of us as individual foster parents needs so that we may provide the optimum environment which will enable the **positive outcomes for children**; that is at the heart of our FPSO's purpose and mandate.

FPSO is diligently continuing the pursuit of this optimum goal for all foster parents. We are doing this through our lobbying efforts in positively liaising with all relevant government parties. We are seeking improved Quality Assurance in the global child welfare system as well as the local agency level. Not only are we interested in measuring the standards of care for the children, but also in the measuring of the standards of care for children and ensuring foster parents are members of the professional team.

FPSO will continue to strive for a system in which all of Ontario's foster parents receive training over and above the Pride Pre-Service, where all foster parents in the province have the same third party liability currently enjoyed by foster parents fostering for a Children's Aid Society, where all foster parents in the province are members of a legal defense fund that assists them in time of allegations, and a system in which all damages are recompensed, not from the foster parent's own personal insurance (in which claims could be subject to termination depending on the amount of claim.) FPSO has available to all foster parents a personal insurance program for health and dental, and has contracted with Omega Nicholson through Economical Select for a home and automobile insurance coverage.

As you peruse this brochure you will notice additional training days and more intensive training in some areas. There is training being offered on a variety of topics, attachment level 2, FASD, assisting in suicide prevention, trauma, conflict, positive mental health and much more. Advocates please note Level 4 training on

appeals is available this year and will be presented by Paula Rochman., L.L.B. and Adrienne Conroy.

Please pay particular attention in completing your registration as training begins on Wednesday June 12th, 2013 through Sunday June 16th this year in addition to the Canadian Foster Family Association. Please register early to ensure your course selection as some courses a maximum number of registrants. Additionally, pay particular attention to the registration forms enclosed. There are two separate registration forms one for the weekend package and one for those intending to attend CFFA or some of the more extensive training.

FPSO is in the business of researching the needs of Foster Parents, and seeking to have those needs met. We do this best when we are connected to you, our members: we hope to see many of you at this year's conference. By attending you can not only help yourself, but can also help us help you.

Cecile Brookes

Cecile Brookes.,
FPSO President



PLEASE JOIN US!!

I am pleased to have the opportunity to invite you to attend the 2013 Canadian Foster Family Association (CFFA) National Conference - "United in Caring", being hosted by the Foster Parents Society of Ontario June 9 - 16th in Toronto, Ontario.

These annual conferences are a time for the CFFA and it's Provincial and Territorial members to come together to hold face-to-face meetings and attend workshops. For those attending the conference, it is an opportunity to network with people from across Canada.

The week promises to be a busy one with interesting workshops to choose from, keynote speakers, meetings, and of course some fun social events as well.

The CFFA Executive and Board hold meetings during the first part of the week. Mid week the NATIONAL WORKING GROUP is held. All participants are encouraged to attend. Provincial and Territorial Directors will update participants with initiatives and news from their areas. This is a time to ask questions, make suggestions, and discuss the future work and direction of the CFFA.

Attending this conference is an opportunity to increase your knowledge base, meet new people, see old friends, network with those in the fostering world from across Canada, and to have a bit of fun as well!!

We are pleased that the Foster Parents Society of Ontario is hosting this year's conference and many thanks go to this group for their hard work in organizing this event. Hope you are able to attend.

Sheila Durnford

President CFFA

Email: sdurnford@telus.net

Web site: www.canadianfosterfamilyassociation.com

FPSO CONFERENCE OVERVIEW 2013

Monday Meetings June 10, 2013

CFFA Executive 10:00 a.m.
 FPSO Executive, Committee Chairpersons 9:00 a.m.

Tuesday June 11, 2013

Conference Registration 7:30 a.m.- 9:00 a.m.
 CFFA Board of Directors Meeting 9:00 a.m.- 5:00 p.m.
 National Executive Directors Meeting 9:00 a.m.- 5:00 p.m.
 (Lunch in FPSO Hospitality Suite) 12:00 p.m.- 1:30 p.m.
 Provincial & Territorial Presidents Dinner
 With CFFA and FPSO executive members 7:00 p.m.
 National Executive Directors Dinner 7:00 p.m.
 Conference Registration 7:30 p.m.- 9:00 p.m.

Wednesday June 12, 2013

Conference Registration 7:30 a.m.- 9:00 a.m.
 CFFA Opening Ceremonies
 CFFA National Working Group 9:00 a.m.- 5 p.m.
 FPSO Executive &
 Committee Chairpersons Meeting 9:00 a.m.- 12:00 p.m.
 Introduction to Attachment Level 1 9:00 a.m.- 4:30 p.m.
 Lunch 12:00 p.m.- 1:00 p.m.
 FPSO Board of Directors Meeting 1:00 p.m.- 8:00 p.m.
 Conference Registration 7:30 p.m.- 9:00 p.m.
Hostility Suite 8:00 p.m.- 11:00 p.m.
Hosted by the Alberta Foster Family Association

Thursday June 13, 2013

Conference Registration 7:30 a.m.- 9:00 a.m.
SILENT AUCTION 8:00 a.m.- 9:00 a.m.
 CFFA AGM 8:30 a.m.-11:30 a.m.
 Attachment Level Two (Day 1) 9:00 a.m. - 4:30 p.m.
 FPSO financial workshops 1:00 p.m.- 5:30 p.m.
 Dinner Hospitality Suite 5:30 p.m.- 7:00 p.m.
 President’s Meeting 7:00 p.m.- 10:00 p.m.
 Conference Registration 7:30 p.m.- 9:00 p.m.
SILENT AUCTION 7:30 p.m.- 9:00 p.m.

Friday June 14, 2013

Breakfast 7:00 a.m.- 8:30 a.m.
 Conference Registration 7:30 a.m.- 9:00 a.m.
 Attachment Level Two – Day 2 9:00 a.m.- 4:30 p.m.
 ASIST Training Day 1 9:00 a.m.- 4:30 p.m.
 FASD Workshop Day 1 9:00 a.m.- 4:30 p.m.
 Advocacy Levels I-IV Day 1 9:00 a.m.- 4:30 p.m.
 Lunch 12:00 p.m.- 1:00 p.m.
SILENT AUCTION 12:30 p.m.- 5:30 p.m.
 Cocktails 6:00 p.m.
 Dinner 6:30 p.m.
SILENT AUCTION 8:30 p.m.- 10:00 p.m.
 Hospitality Suite 10:00 p.m. to 11:00 p.m.

Saturday June 15, 2013

Breakfast 7:00 a.m.- 8:30 a.m.
 Conference Registration 7:30 a.m.- 9:00 a.m.
 Attachment Level Two – Day 3 9:00 a.m.- 4:30 p.m.
 ASIST Training Day 2 9:00 a.m.- 4:30 p.m.
 FASD Workshop Day 2 9:00 a.m.- 4:30 p.m.
 Advocacy Levels I-IV Day 2 9:00 a.m.- 4:30 p.m.
 Morning workshops 9:00 a.m.- 12:00 p.m.

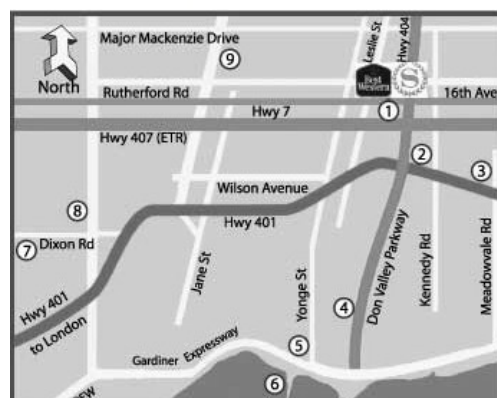
Conflict, Chaos and Crisis; What is Positive Mental Health;
 Living with children with Traumatic Life Histories.
 Lunch 12:00 p.m.-
 1:00 p.m.

SILENT AUCTION 12:30 p.m. to
 5:30 p.m.
 Afternoon Workshops 12:30 p.m. to 4:30 p.m.
 Conflict, Chaos and Crisis; What is Positive Mental Health;
 Living with children with Traumatic Life Histories.
 Cocktails 6:00 p.m.
 Dinner 6:30 p.m.
SILENT AUCTION 8:30 p.m. to 10:00 p.m.
 Hospitality Suite 10:00 p.m. to 11:00 p.m.

Sunday June 16, 2013

Breakfast 7:00 am to 9:00 a.m.
FPSO Annual General Meeting 9:30 a.m.- 12:00 p.m.

**Sheraton Toronto North Hotel
 600 Hwy 7 E. Richmond Hill, ON**



Driving Directions to Hotel:

From North
 Take Highway 400 South to Highway 7, and go east on Highway 7 for 12 miles. The hotel will be on the left hand side of the road.

From South
 Take Don Valley Parkway North (which turns into Highway 404) Exit Highway 7, and go west 1 block. The hotel will be on the right hand side of the road, just past the Esso station. Or take QEW to 401 and follow directions from the West.

From East
 Take Highway 401 West to Highway 404 North (look for the Don Valley Parkway sign) Go north to Highway 7, exit, turn left, and head west on Highway 7. The hotel is on right hand side 2 lights ahead.

From West (From the Airport)
 Take Highway 401 East to Highway 404 North, exit and turn left at Highway 7. The hotel will be on the right hand side of the road.

100 - ATTACHMENT LEVEL 1 INTRO*(Dr. Sian Phillips)**Wednesday June 12, 2013*

Along with the Attachment Association of Canada we are proud to present this all day seminar with Dr. Sian Phillips of the Dyadic Developmental Psychotherapy Institute, co-founded by Dr. Daniel Hughes. DDP is a treatment approach to trauma, loss, and/or other deregulating experiences that is based on principles derived from attachment theory and research.

This one day workshop will review how trauma impacts upon the brain of both the child and the foster or adoptive parent and examine how safe relationships can begin to heal. Participants will become familiar with the attitude of P.A.C.E. (Playfulness, Acceptance, Curiosity and Empathy) as the underpinning of interpersonal safety. Participants will also be introduced to aspects of Dyadic Developmental Psychotherapy that help children, foster parents, social workers and therapists develop more healthy attachments and make meaning of past experiences that are not based on shame or negative attributions.

~ Dr. Phillips is a psychologist in private practice in Kingston. She received her Ph.D. from the University of Toronto in 1996 and she has been working with children and families in Kingston that time.

Dr. Phillips specializes in the assessment of trauma and attachment difficulties and works with children, foster parents and adoptive parents using Daniel Hughes model of Dyadic Developmental Psychotherapy. This exciting way of working helps the parent understand what lies behind difficult behavior and to provide a safe, empathic relationship in which the child can begin to explore traumatic, hurtful and shameful experiences and importantly learn to experience themselves differently.

Sian is a certified DDP therapist, consultant and trainer. She has two clinical chapters in Art Becker Weidman's book The Dyadic Developmental Psychotherapy Case Book published in 2011. She is also an adjunct professor at Queens, supervising students in their clinical placements.

101 CFFA National Working Group*Wednesday June 12, 2013*

Opening Ceremonies begin at 9:00 a.m. At the National working group provincial and Territorial Directors will update participants with initiatives and news from their areas. This is a time to ask questions, make suggestions and discuss the future work and direction of the CFFA. Alberta who will be hosting next year's CFFA Conference will be hosting the hospitality suite this evening.

200- ATTACHMENT LEVEL 2*(Dr. Sian Phillips)**Thursday June 13 to Saturday 15, 2013*

The prerequisite for this three day workshop is the one day ATTACHMENT LEVEL 1 INTRO.

This three day DDPI course is beneficial to parents or foster parents, social workers, therapists or other professionals dealing with children with attachment or trauma issues. This DPI Course is for those interested in becoming more immersed in the model and learning how to apply PACE to work with children. We will use role play and view clinical examples. You will see and learn how PACE promotes a sense of safety for the child. By the end of the Beginner Course participants will understand how early relational trauma impacts the developing brain and the theoretical tenets behind Dyadic Developmental Psychotherapy. You will become familiar with how to apply PACE with children and families to facilitate attachment and to help the child develop a more coherent narrative.

~ Dr. Phillips is a psychologist in private practice in Kingston. She received her Ph.D. from the University of Toronto in 1996 and she has been working with children and families in Kingston since that time. Dr. Phillips is a psychologist in private practice in Kingston. She received her Ph.D. from the University of Toronto in 1996 and has been working with children and families in Kingston since that time.

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201- FPSO Workshops for FPA Presidents, FPA Executive Members and Advocates*Thursday June 13th, 2013*

This series of workshops is designed for FPA Presidents, FPA Executive Members and advocates. As we are co-hosting the CFFA Conference their AGM is from 9:00 a.m. until 12:00 p.m. We will then be serving lunch. Immediately following at 1:00 p.m. the following workshops will commence:

1:00 p.m. Derek Sarluis from Frank Cowan Insurance
Third Party Liability

- 2:30 p.m. Graeme Turrell from United Foster Parents of Canada Legal Defense Fund
- 3:30 p.m. Irwin Elman, Ontario’s Advocate for Children and Youth Changes for 18+ Also new data base and answer questions
- 5:00 p.m. Cathy Luciano, Oegema, Nicholson Auto mobile and Home Insurance
- 5:30 p.m. Mary Burnett, Health and Dental Insurance
- 5:45 p.m. Dinner in Hospitality Suite
- 5:45 p.m. Light Dinner in Hospitality Suite
- 7:00 p.m. Dr. Bernadette Gallagher, OACAS Provincial Update
- 8:30 p.m. Presidents Meeting, review matrix of Provincial FPSO objectives, strategic plan and open forum

300 ASIST - Applied Suicide Intervention Skills Training

*(Michele Kennedy, Sonia McDonald)
Friday June 14th, and Saturday June 15th, 2013*

Attending this two-day course will train you to intervene with an individual who is suicidal. Applied Suicide Intervention Skills Training (ASIST) is a two-day intensive, interactive and practice-dominated course designed to help caregivers recognize and review risk, and intervene to prevent the immediate risk of suicide.

Learning Objectives

The goal of ASIST is to enhance a caregiver’s abilities to assist a person at risk to avoid suicide. By completing the workshop participants will be able to:

- Recognize that caregivers and persons at risk are affected by personal and societal attitudes about suicide.
- Discuss suicide with a person at risk in a direct manner;
- Identify risk alerts and develop a safe plan related to them;
- Demonstrate the skills required to intervene with a person at risk of suicide.
- List the types of resources available to a person at risk of suicide, including themselves.
- Make a commitment to improving community resources and networking; and,
- Recognize that suicide prevention is broader than suicide intervention and, includes life promotion and self-care for persons at risk and for caregivers.

~ Michele Kennedy’s career spans 20 years in the helping field. In 1999 she graduated from Sheridan College where she received a Social Service Worker diploma. Her accomplishments include EFT level 2, Motivational Interviewing level 1, and ASIST edition x and A11. Michele has worked primarily with addicted women in the community. Michele worked at Woman-

kind Addiction Services for 12 years counseling women living in the residential program. Michele has always focused on her continued education, skills upgrading and this led her to begin teaching new helpers in the Addiction Community Service Worker program at Everest College. She began this position in 2004 by developing and delivering each module of the program. She has successfully graduated over 200 students from this program which is the first of its kind at Everest’s Kitchener Campus. Michele has been a member of Hospitals-Shelters Working Group, H2H Working Group, Womankind Advisory Committee, Alcohol, Drugs and Gambling Services Advisory Committee over the years and is currently the co-chair of Everest College’s PAC committee for the Waterloo Region. Michele’s growing interest in gaps and trends in treatment services offered to women at risk led to her commitment to training caregivers through ASIST. She became an ASIST Trainer in 2010. She has dedicated her training to her students as well as other Addiction and Community Service students across the province. ~

~ Sonia McDonald is a qualified Child & Youth Worker; she is a Cambrian College graduate with over ten years’ experience working with youth of all ages and is a professional, certified member of the Ontario Association of Child & Youth Counsellors. With over twenty years’ experience in the field, Sonia contributes a wide range of skills and experiences to her facilitation. Sonia has worked extensively in group homes and open custody facilities with children and youth with severe behaviour difficulties or multi diagnosis. Within the residential field, she worked as a front line worker, one to one life skills coach and eventually worked as a supervisor overseeing diverse group home programs. Sonia has specialized in the development, implementation and management of pre-independence programs for youth and specified Life Skills programs in a residential environment and in a homeless youth shelter. Sonia has also spent many years as a CYW working with local school boards. Her experience working with groups, counselling, and behaviour management is comprehensive. Within this role, Sonia was able to develop outstanding facilitation and training skills aimed at reaching students, parents as well as teachers and other professionals. She opened private practise in Orangeville in order to fill an identified need for youth counselling and parenting workshops. Sonia became an ASIST Trainer with Living works in 2007 within her role as a youth project facilitator at the Canadian Mental Health Association. In addition, she is also a certified Safe Talk Trainer. She has worked with a community training team as well as facilitated much training at colleges and high schools over the past few years. She has recently upgraded her ASIST certification to include A11.~

301 FASD Fetal Alcohol Spectrum Disorder

(Donna Debolt)

Friday June 14th, and Saturday June 15th, 2013

Fetal Alcohol Spectrum Disorder (FASD) is a spectrum of disorders symptomatic of organic brain damage caused by pre-natal exposure to alcohol. Research tells us that **more than 1/100 people have FASD**. FASD is a life-time challenge; it does not go away, nor is there a cure. Without appropriate intervention the disorder can get worse as affected people get older.

Day 1

The first day will be an introduction to FASD for those just learning about the disorder but also a valuable day of training for those seeking a "knowledge refreshment" day. Topics Covered:

- What is FASD and how does it present?
- What are the primary and secondary disabilities?
- What are the effective screening and diagnostic processes?
- How do we create environmental supports?
- How do we manage learning and behavioral challenges?

Day 2

This day will be of greatest benefit to caregivers and professionals seeking advanced training. Topics Covered:

- What are most effective strategies for day-to-day management of learning and behavioral challenges?
- What are best practices for working collaboratively within the community?
- How do we go about case planning?

~Donna Debolt is a social worker in private practice who translated her 30 years with Child Protection into working as an outspoken advocate for children and adults who have lifelong risks for health, development, learning and behavioral difficulties associated with prenatal exposure to alcohol. In her role as FASD Specialist, Donna challenges communities through case management, advocacy and training to develop and implement prevention, intervention and management strategies so that families and communities can successfully cope and plan for useful futures for these high needs individuals.

302 AD1 - ADVOCACY MODULE I

(Garry Mozes, Ella Kobyłka)

Friday June 14 and Saturday 15, 2013

This workshop deals with working professionally in the three roles on the Communicator/Advocate, which are mentor, peer support and liaison. This workshop will examine child protection issues and the responsibilities of agencies; the role of the communicator/advocate during an allegation or complaints procedure; the needs of caregivers involved in an allegation and the types of supports and resources they will require.

~ Garry Mozes retired after 32 years of working for a large Corporation as Sales and Service Manager, and while employed presided over numerous hearings for grievances, and arbitration (s). He was also involved with training staff and facilitating workshops for specialty courses during this time.

He and his family have been involved with fostering since 1976. Garry and his wife Edna, have been Foster Parent Advocates since 2002. He is the Foster Parent Representative on the Board of Directors for the Simcoe County Children's Aid Society. He is also the Chairperson of the FP Advocate Committee for the Simcoe County FPA, and the Co-Chairperson of the Central Region Advocates Committee.

Garry has conducted training for Advocacy Level 1 since 2008, and has facilitated the training workshop: "Safeguarding Males involved with Fostering" at Simcoe County CAS semi-annually since 2007.~

~Ella Kobyłka has been a Foster Parent for more than 30 years, primarily of teen boys. She started Advocating for Foster Parents with the Toronto CAS in 1983. After moving to Barrie they started fostering for Simcoe County CAS in 1997. In 1999 Ella was the only Advocate for Simcoe and built a team of 10 in a few years. Ella was one of the original developers of the Advocacy Level 1 workshop. She has conducted numerous training sessions on Advocacy, Safeguarding and is a PRIDE pre-service and in-service trainer. Train the Trainer is her vision and when you take this workshop you should be able to go back to your own FPA/FFA and set up an Advocate program.~

303 AD2 - ADVOCACY MODULE II TRAUMA AND THE INVESTIGATION

(Bill Tibbo)

Friday June 14 and Saturday 15, 2013

Bill Tibbo will discuss his "critical situation" training. He will talk about how to be an effective advocate and how to deal with our emotions and feelings during an investigation. Bill will share his expertise and describe the module he uses to help people in critical conditions.

~ Bill Tibbo - has been a corporate clinical consultant and disaster management specialist for the past 16 years. Bill was responsible for leading disaster teams after Sept.11,2001, SARS epidemic 2003, Hurricane Ivan 2004, and 2005 Air France Crash. Bill is CEO of BILL TIBBO and ASSOCIATES. www.bill@billtibbo.com ~



FPSO is celebrating its 40th year.

304 AD3 - ADVOCACY MODULE III*(Dr. Tara Black)**Friday June 14 and Saturday 15, 2013*

This workshop will focus on the screening tools and assessments used by Ontario's Children's Aid Societies. The revised Eligibility Spectrum will be discussed as well as the current risk assessment tool. There will be a focus on evidence-based practice in child welfare

~ **Dr. Black received her PhD and MSW at the University of Toronto, and Bachelor of Science degree from Queen's University. She is the Co-Manager for the 2008 Canadian Incidence Study of Reported Child Abuse and Neglect (CIS-2008), and Supervisor of Research and Program Evaluation at the Child Welfare Institute, Children's Aid Society of Toronto. ~**

305 AD4 - ADVOCACY MODULE IV*(Paula Roachman., L.L.B., Adrienne Conroy)**Friday June 14 and Saturday 15, 2013*

This two day workshop is designed for advocates with 3 to 4 years of experience as an advocate. The goal of this workshop will be to answer; what is an appeal, what should be appealed, why should decision be appealed, when should appeal be launched and to where should appeal be launched. It will also provide an understanding for the advocates what it means for the foster parent to be on the child abuse registry and how this should be appealed. This workshop is designed to equip the advocate with: an understanding of the role of the advocate, meeting management and dispute resolution techniques, an opportunity to explore legal and ethical issues around advocacy, the opportunity to interact with legal and professional experts in the advocacy field.

~**Paula Rochman has been practicing law since 1991. Her area of practice is exclusively criminal defense work. Paula has appeared at all levels of Court in the Province of Ontario including numerous jury trials and appearing before the Ontario Court of Appeal. For over a decade, she has represented numerous foster parents of the Catholic Children's Aid Society of Toronto at both the Investigative stage and through criminal proceedings.~**

~**Adrienne Conroy has been a Foster Parent for Catholic Children's Aid Society of Toronto for the past thirty nine years. Adrienne is the Chair of the Advocacy Committee and President of the Foster Family Association. Adrienne also co-chairs the Provincial Central Region Advocacy Committee.~**

Need a FPSO Conference Registration Form?

Download one at:

www.fosterparentssociety.org**400/500 CONFLICT, CHAOS AND CRISIS***(Landy Anderson)**Saturday June 15th, 2013 morning #400 and afternoon session #500*

When foster parents open their homes to a foster child, they also open themselves to criticism. Somehow everyone involved with the child is an "expert" and because everyone is an expert their expert opinions may not always match. In essence, the multi-disciplinary approach is a breeding ground for conflict. The potential for conflict infers that conflict already exists. A foster parent's ability to manage the three C's...**Conflict, Chaos and Crisis** is a test of their character and an indication of their ability to be a strong partner or a leader. In order to survive foster care, it is critical that all members understand the role that the three C's plays in our day to day work, which includes defining conflict, chaos and crisis and exploring how our actions contribute to improving or worsening matters. The child welfare system is founded on the components of conflict. These conflict components are the key elements of our child welfare work, identified as: **Needs, Values, Interests, Power, Social Disagreement, Stress and Change**. During this training session the relationship between conflict and child welfare and its impact on the child, biological parent, foster parent, agency and government will be examined.

~**Landy Anderson is a Child Welfare Supervisor with 27 years of experience. She is currently the Manager of the Scarborough Child and Family Life Center at Native Child and Family Services of Toronto which is a Children's Aid Society (CAS) dedicated to the Aboriginal community. Additionally, Landy teaches part-time at Durham College in the Child and Youth Worker Program.**

Previously, Landy worked for several (CASs) including:

- The Children's Aid Society of Toronto
- The Durham Children's Aid Society
- The York Region Children's Aid Society

Landy's child welfare experience includes a mixture of frontline and management roles in the following areas: Intake, After Hours, Family Services, Community Services, Placement, Kinship Care, Customary Care, Foster Care and Adoption. She is a former Treatment Foster Parent and Licensed Group Home Operator. Remarkably, Landy has fostered over 100 teenagers. She has also worked with special needs children for the Durham Board of Education, residential services as a group home Supervisor (adolescents) and frontline with medically fragile children. Landy recently published a book *The Foster Parent Survival Guide: How to Navigate the Child Welfare Matrix*.

Landy's Training offers a sneak peek at a chapter from the book

401/501 LIVING WITH CHILDREN TRAUMATIC LIFE HISTORIES

(Dr. John Lyons)

Saturday June 15th, 2013 morning #401 and afternoon session #501

This workshop would cover the basics for identifying and understanding trauma stress symptoms that might result from children and youth having significant traumatic experiences in their lives. Strategies for addressing these stress symptoms will also be presented and discussed.

~In 2008, John S. Lyons, Ph.D. became the first Endowed Chair of Child and Youth Mental Health on the Faculty of Psychology at the University of Ottawa and the Children's Hospital of Eastern Ontario. Prior to that, he was a Professor of Psychiatry and Medicine at Northwestern University's Feinberg School of Medicine and the founding Director of the Mental Health Services and Policy Program. He has published nearly 200 peer reviewed articles and six books, including *Redressing the Emperor: Improving our children's public mental health service system* and his latest *Communimetrics: A communication theory of measurement for human service enterprises*. He has developed and implemented outcomes management tools, such as the Child and Adolescent Needs and Strengths (CANS) in Canada, the United States, Europe and Asia. He actively works at the interface between mental healthcare, child welfare, youth justice, and education.~

402/502 WHAT IS POSITIVE MENTAL HEALTH?

(Dr. Corey Keyes)

Saturday June 15th, 2013 morning #402 and afternoon session #502

Dr. Corey Keyes, Associate Professor, Department of Sociology, Emory University, Atlanta Georgia is our keynote speaker. Dr. Keyes is an internationally known expert on mental health and has helped conceptualize the principles for a new field known as positive psychology, the scientific study of optimal human functioning. His work is being applied to better understand resilience and prevention of mental illness. Dr. Keyes will answer the question "What is Positive Mental Health?"

~Dr. Corey Keyes is associate professor of Sociology at Emory University in Atlanta, Georgia. He was a MacArthur Postdoc on Aging at the University of Wisconsin, a member of a MacArthur Foundation Research Network on "Successful Midlife Development" co-chair of the first summit of Positive Psychology and he is currently a senior fellow at the Center for the Study of Law and Religion, where he is a core member of the "Pursuit of Happiness" 5 year project funded by the 1.5 million dollar grant from the Templeton Foundation.

Corey's research centers on illuminating the "two continua" model of health and illness, showing how the absence of mental illness does not translate into the presence of mental health, and revealing that the biological and social causes of true health are often distinct processes from those now understood as cause of illness (which means that the matter of promoting better health is not simply reducing those things we know to cause illness)

This work is being applied to better understanding resilience in minority populations, and to prevent mental illness through promotion. Moreover, the two-continua model and research informs the growing healthcare approach called "predictive healthcare" which seeks to map and monitor true (physical and mental) health and to develop and apply novel responses to correct early deviations to it to maintain health and limit disease and illness. ~

Reminder!



Register early to ensure that you get your first choice of workshops as some workshops have seating limits.

There are two separate registration forms one for the weekend package and one for those intending to attend CFFA or some of the more extensive training.

FPSO Executive

Cecile Brookes	President	e-mail: cbrookes@rogers.com	Cell: 416-606-6020
Mary Burnett	1st. Vice President	e-mail: burnettm@xplornet.com	Cell: 613-292-3261
Joy Cole	2nd. Vice President	e-mail: joy.cole@rogers.com	
Barbara Ptashynski	Treasurer	e-mail: fpso@sympatico.ca	
Vanessa Milley	Secretary	e-mail: milley17@sympatico.ca,	Cell 905-788-6820

NOTE:

*If you need to reach an FPSO Executive member for any last minute registrations or changes please send email to milley17@sympatico.ca or telephone one of the above cell numbers.



FPSSO CONFERENCE REGISTRATION FORM

"UNITED IN CARING"

JUNE 9th – 16TH, 2013

Registrants Information (please print)

Last Name _____ First Name _____

Address _____ City _____

Postal Code _____ Province _____ Telephone () _____

Email Address _____

Foster Parent Association or Agency _____

Foster Parent ___ CAS Staff ___ Advocate ___ FPA President ___ CFFA ___ Other ___

Please Check relevant area.

=====

**PACKAGE 2 Full Weekend (Includes Friday & Saturday night accommodations;
Friday dinner, Saturday meals & workshops, Sunday breakfast)**

SINGLE \$695.00 _____

DOUBLE (Per Person) \$495.00 _____

Saturday: Half Day Workshops Morning: _____ Afternoon: _____

Hotel: Special needs _____

If double occupancy chosen, please print roommates name: _____

Cheques are to be made payable to **FPSSO CONFERENCE 2013**

For more information contact:

Barbara Ptashynski

Telephone: 905-271-3608

Fax: 905-271-1983

Email: fpso@sympatico.ca

Send cheques and registration form to:

Barbara Ptashynski

1608 Boxwood Way

Mississauga, Ontario L5E 2Y1

Weekend and Day Packages

Package 3

Day Only (please check)

- A. Wednesday CFFA National Working Group (No Charge) _____
- B. Wednesday Attachment Level One Day 1 \$175.00 _____
- C. Thursday FPSO financial workshops and lunch \$ 85.00 _____
- D. Thursday Attachment Level Two- Day 1 including lunch \$175.00 _____
- E. Friday Attachment Level Two – Day 2 Workshop & Lunch _____
- F. Asist (Applied Suicide Intervention Skills Training Day 1) _____
- G. Fetal Alcohol Spectrum Disorder Day 1 _____
- H. Advocacy Level One Day 1 _____
- I. Advocacy Level Two Day 1 _____
- J. Advocacy Level Three Day 1 _____
- K. Advocacy Level Four Day 1 _____
- L. Friday Workshop and Lunch \$175.00 _____
- M. Friday, Workshop Lunch and Dinner (Discounted) \$225.00 _____
- N. Friday Dinner Only \$ 85.00 _____
- O. Saturday Attachment Level Two Day 3 Wkshop & Lunch _____
- P. Asist (Applied Suicide Intervention Skills Training Day 2) _____
- Q. Fetal Alcohol Spectrum Disorder Day 2 _____
- R. Advocacy Level One Day 2 _____
- S. Advocacy Level Two Day 2 _____
- T. Advocacy Level Three Day 2 _____
- U. Advocacy Level Four Day 2 _____
- V. Conflict, Chaos and Crisis AM _____ PM _____
- W. What is Positive Mental Health? AM _____ PM _____
- X. Living with children with Traumatic Life Histories AM _____ PM _____
- Y. Saturday Workshop and Lunch \$175.00 _____
- Z. Saturday, Workshop Lunch and Dinner (Discounted) \$225.00 _____
- AA. Saturday Dinner Only \$ 85.00 _____

Total _____

No Refunds after May 15th 2013.



FPSO CONFERENCE REGISTRATION FORM

"United in Caring"

JUNE 9th – 16TH, 2013

Registrants Information (please print)

Last Name _____ First Name _____

Address _____ City _____

Postal Code _____ Telephone () _____

Email Address _____

Foster Parent Association or Agency _____

Foster Parent ____ CAS Staff ____ Advocate ____ FPA President ____ Other ____

Province or Territory _____ President _____

Executive Director _____ Other _____

PACKAGE 1 This portion is for those attending the CFFA Conference or the Attachment Levels 1 and 11 and FPSO financial workshops prior to package 1 from Thursday to Sunday.

			\$ Amount
Hotel Accommodation Sunday	\$155.44	_____	
Hotel Accommodation Monday	\$155.44	_____	
Tuesday CFFA Bd of Directors Meeting	No charge	attending _____	
Tuesday National Executive Directors Meeting	No charge	attending _____	
Hotel Accommodation Tuesday	\$155.44	_____	
Wednesday CFFA National Working Group	No charge	attending _____	
Introduction to Attachment Level One	\$175.00	attending _____	
Hotel Accommodation Wednesday	\$155.44	_____	
Thurs CFFA AGM 8:30 a.m. to 11:30 a.m.			
Thursday Financial Workshops FPSO	\$ 85.00	attending _____	
1 p.m. until 10 p.m.			
Attachment Level Two (first day)	\$175.00	attending _____	

Subtotal to carry over **\$Sub – Total** _____

Package 1 includes:

Thursday to Saturday night accommodations,
Friday and Saturday meals and Sunday breakfast

SINGLE \$895.00 Single accommodation _____
DOUBLE \$695.00 Double accommodation _____

Sub-Total from previous _____ + _____ = **Total** _____

Two Day Workshops taking place on Friday and Saturday

Attachment Level 2 (day 2 & 3 cont'd) _____ Presenter: Dr. Sian Phillips

ASIST (Applied Suicide Intervention Skills Training) _____ Presenter: Michelle Kennedy
Sonia McDonald

Fetal Alcohol Spectrum Disorder _____ Presenter: Donna DeBolt

Advocacy Level One Intro _____ Presenter: Garry Mozes
Ella Kolybka

Advocacy Level Two Trauma _____ Presenter: Bill Tibbo

Advocacy Level Three Eligibility _____ Presenter: Dr. Tara Black

Advocacy Level Four Appeals _____ Presenters: Paula Rochman L.L.B.
Adrienne Conroy

Hotel: Special needs _____

If double occupancy chosen, please print roommates:
name: _____

Cheques are to be made payable to **FPSO CONFERENCE 2013**

For more information contact: Send cheques + registration form to
Barbara Ptashynski, Barbara Ptashynski
Telephone: 905-271-3608 1608 Boxwood Way,
Facsimilie: 905-271-1983 Mississauga, Ontario,
Email: fpsy@sympatico.ca L5E 2Y1

No refunds after **May 15, 2013**



FPSSO CONFERENCE REGISTRATION FORM

"UNITED IN CARING"

JUNE 9th – 16TH, 2013

Registrants Information (please print)

Last Name _____ First Name _____

Address _____ City _____

Postal Code _____ Province _____ Telephone () _____

Email Address _____

Foster Parent Association or Agency _____

Foster Parent ___ CAS Staff ___ Advocate ___ FPA President ___ CFFA ___ Other ___

Please Check relevant area.

=====

PACKAGE 2 Full Weekend (Includes Friday & Saturday night accommodations; Friday dinner, Saturday meals & workshops, Sunday breakfast)

SINGLE \$695.00 _____

DOUBLE (Per Person) \$495.00 _____

Saturday: Half Day Workshops Morning: _____ Afternoon: _____

Hotel: Special needs _____

If double occupancy chosen, please print roommates name: _____

Cheques are to be made payable to **FPSSO CONFERENCE 2013**

For more information contact:

Barbara Ptashynski

Telephone: 905-271-3608

Fax: 905-271-1983

Email: fpso@sympatico.ca

Send cheques and registration form to:

Barbara Ptashynski

1608 Boxwood Way

Mississauga, Ontario L5E 2Y1

Weekend and Day Packages

Package 3

Day Only (please check)

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- G. Fetal Alcohol Spectrum Disorder Day 1 _____
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- K. Advocacy Level Four Day 1 _____
- L. Friday Workshop and Lunch \$175.00 _____
- M. Friday, Workshop Lunch and Dinner (Discounted) \$225.00 _____
- N. Friday Dinner Only \$ 85.00 _____
- O. Saturday Attachment Level Two Day 3 Wkshop & Lunch _____
- P. Asist (Applied Suicide Intervention Skills Training Day 2) _____
- Q. Fetal Alcohol Spectrum Disorder Day 2 _____
- R. Advocacy Level One Day 2 _____
- S. Advocacy Level Two Day 2 _____
- T. Advocacy Level Three Day 2 _____
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- X. Living with children with Traumatic Life Histories AM _____ PM _____
- Y. Saturday Workshop and Lunch \$175.00 _____
- Z. Saturday, Workshop Lunch and Dinner (Discounted) \$225.00 _____
- AA. Saturday Dinner Only \$ 85.00 _____

Total _____

No Refunds after May 15th 2013.



FPSO CONFERENCE REGISTRATION FORM

“United in Caring”

JUNE 9th – 16TH, 2013

Registrants Information (please print)

Last Name _____ First Name _____

Address _____ City _____

Postal Code _____ Telephone () _____

Email Address _____

Foster Parent Association or Agency _____

Foster Parent ____ CAS Staff ____ Advocate ____ FPA President ____ Other ____

Province or Territory _____ President _____

Executive Director _____ Other _____

PACKAGE 1 This portion is for those attending the CFFA Conference or the Attachment Levels 1 and 11 and FPSO financial workshops prior to package 1 from Thursday to Sunday.

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Wednesday CFFA National Working Group	No charge	attending _____
Introduction to Attachment Level One	\$175.00	attending _____
Hotel Accommodation Wednesday	\$155.44	_____
Thurs CFFA AGM 8:30 a.m. to 11:30 a.m.		
Thursday Financial Workshops FPSO 1 p.m. until 10 p.m.	\$ 85.00	attending _____
Attachment Level Two (first day)	\$175.00	attending _____

Subtotal to carry over **\$Sub – Total** _____

Package 1 includes:

Thursday to Saturday night accommodations,
Friday and Saturday meals and Sunday breakfast

SINGLE	\$895.00	Single accommodation	_____
DOUBLE	\$695.00	Double accommodation	_____

Sub-Total from previous _____ **+** _____ **= Total** _____

Two Day Workshops taking place on Friday and Saturday

Attachment Level 2 (day 2 & 3 cont'd)	_____	Presenter: Dr. Sian Phillips
ASIST (Applied Suicide Intervention Skills Training)	_____	Presenter: Michelle Kennedy Sonia McDonald
Fetal Alcohol Spectrum Disorder	_____	Presenter: Donna DeBolt
Advocacy Level One Intro	_____	Presenter: Garry Mozes Ella Kolybka
Advocacy Level Two Trauma	_____	Presenter: Bill Tibbo
Advocacy Level Three Eligibility	_____	Presenter: Dr. Tara Black
Advocacy Level Four Appeals	_____	Presenters: Paula Rochman L.L.B. Adrienne Conroy

Hotel: Special needs _____

If double occupancy chosen, please print roommates:
name: _____

Cheques are to be made payable to **FPSO CONFERENCE 2013**

For more information contact: Send cheques + registration form to
Barbara Ptashynski, Barbara Ptashynski
Telephone: 905-271-3608 1608 Boxwood Way,
Facsimilie: 905-271-1983 Mississauga, Ontario,
Email: fpso@sympatico.ca L5E 2Y1

No refunds after **May 15, 2013**

MEMORANDUM TO CFFA DELEGATES

Transportation

When flying into Pearson International Airport Terminal 1 go to Ground Transportation. There is a go bus #40 which goes to the Richmond Hill Centre. This Go Bus is very quick and very inexpensive compared to taxis.

From the Richmond Hill Centre take the Viva Purple Eastbound bus to Leslie and Highway 7. The Sheraton Parkway Hotel is on the corner. It is a very short bus ride. The Viva Purple runs every 15 minutes from the Richmond Hill Centre last bus is 12:52 a.m.

If I am made aware of travel arrangements I can try and put in shuttles from The Richmond Hill Centre.

Look forward to seeing everyone.

Cecile Brookes

Cecile Brookes
FPSO President